LUNCH MENU

Béilte beaga blasta / Light Bites

Homemade soup of the day with homemade brown bread €4.90

Clare Island seafood chowder (Selection of local fresh white fish, salmon and shellfish, cooked with celery & fresh vegetables, garlic & fish stock in a cream based sauce, served with homemade brown bread) €6.90

Soup & sambo combo (Homemade soup of the day served with a ham, cheese, tomato & onion sandwich) €7.50

Chowder & sambo combo (Clare Island seafood chowder served with a ham, cheese, tomato & onion sandwich) €9.90

Toasted chicken (or) ham cheese melt (chicken or ham covered in cheddar cheese, served on ciabatta bread with a side salad) €6.50

Chef's Mediterranean salad (feta cheese, olives, tomatoes, cucumber, mixed lettuce leaves served with an olive oil dressing and homemade brown bread) €7.90

Ón bhfarraige / From the sea

Sailor's fish & chips (locally caught fresh white fish, deep fried in our special beer batter, cold seasoned pea purée, homemade tartar sauce, fresh tomato salsa, served with skin-on deep fried chips) €13.50

Steamed Clew Bay mussels (fresh Clew Bay mussels, steamed in a white wine, onion, garlic cream sauce, served with lemon wedge & homemade brown bread) €11.90

Smoked salmon salad (Keem Bay oak smoked salmon, homemade brown bread, capers, lemon wedge, fresh seasonal salad) €11.50

Sailor's Seafood Platter (Keem Bay smoked organic salmon & smoked mackerel, Killary mussels, poached Clare Island organic salmon and poached fresh pollock, seasonal salad, homemade brown bread) €14.50

Sailor's Fishermans pie (local fresh white fish, salmon, smoked haddock, mussels, creamy dill & white wine sauce, mashed potatoes, cheese, island salad) €12.90

Catch of the day – Please ask your server for availability €12.90

Ón talamh / From the land

Sailor's gourmet beef burger (Kelly's of Newport 6 oz beef burger, cheddar cheese, tomato, lettuce & mayo, served in a brioche bap with skin-on deep fried chips) €13.50

Sailor's gourmet fresh chicken fillet burger (6 oz fresh fillet of chicken, cheddar cheese, tomato, lettuce mayo, served in a brioche bap with skin-on deep fried chips) €13.50

Deep fried chicken goujons (Chicken goujons, sweet chill sauce, skin-on deep fried chips) €8.90

Feoilséanteoir / Vegetarian

Spiced falafel burger (falafel burger with Moroccan spice and coriander, brioche bun, tzatziki sauce, island salad, fresh tomato salsa, skin-on deep fried chips) €13.50

Na páistí / Kids Menu

Sausage & chips	€6.50
Chicken goujons & chips	€7.50
Fish & chips	€7.50
Pasta & tomato sauce	€6.50

Milseoga / Desserts

Please ask your server for today's selection of homemade desserts	€5.50
Selection of ice-cream	€3.50

Tae & caife/Tea & coffee

Tea	€2.00
Bean West French press coffee (Bean West is a Westport based business that imports, roasts, blends and flavours their own brand of coffee. The coffee for Sailor's Bar has been specially blended with a hint of lemon to complement our seafood menu)	€3.00
Herbal / Fruit tea	€2.60
Baileys Coffee / Calypso Coffee / Irish Coffee / French Coffee	€6.50

All of our beef is sourced from Jenning's Meats in Ballinrobe and Kelly's Butchers, Newport, Co. Mayo, Ireland
All of our fish is sourced locally. All fish dishes may contain bone or shell fragments.

Please see your server for ALLERGEN INFORMATION chart.