



## DINNER MENU

### Cúrsa Tosaigh / Starters

- Fresh soup of the day (please ask your server for today's soup / all soup is gluten free / served with homemade brown bread) - €6.00 
- Clare Island seafood chowder (white fish, salmon, calamari, shellfish, celery, garlic, vegetables, cream sauce, fish stock, homemade brown bread) - €8.00
- Bruschetta (toasted ciabatta, garlic butter, fresh chopped tomatoes, pesto dressing "no nuts", feta cheese) - €7.50 
- Kelly's of Newport black pudding (black pudding, sweet poached pear in red wine & cinnamon, melted goats cheese, island salad) - €8.90
- Steamed Clew Bay mussels (fresh Clew Bay mussels, white wine, onion, garlic, cream, lemon wedge, homemade brown bread) - €10.50

### Príomhchúrsa / Main Course


#### Ón bhfarráige / From the Sea

- Sautéed Cajun Cod (garlic champ, creamy lemon & white wine sauce, parsnip crisps, potatoes & veg) - €18.50
- Clare Island organic salmon (carrot & parsnip purée, herb beurre blanc, ???? potatoes & veg) - €19.50
- Sailor's fish & chips (locally caught fresh white fish, deep fried in our special beer batter, homemade tartar sauce, island salad, served with French fried chips) - €16.50
- Keem Bay oak smoked salmon penne pasta (lemon & dill cream sauce, capers, spinach, parmesan shaving, garlic bread) - €15.50

#### Ón talamh / From the land

- Seared 10 oz sirloin steak (cooked to your liking, deep-fried battered onion rings, roast tomato, creamy & whiskey peppercorn sauce, island salad & chips) - €23.50
- Baked breast of chicken (Chicken fillet over homemade sausage & apple stuffing roll, white wine & mushroom sauce, potatoes & veg) - €17.50
- Sailor's gourmet beef burger (Kelly's of Newport 6 oz beef burger, crispy bacon, cheddar cheese, fried egg, battered onion rings, mayo, brioche bap, peppercorn sauce, ships) - €15.50

#### Feoilséanteoir / Vegetarian

- Chickpea & beetroot burger (Moroccan spice, coriander, taziki sauce, lettuce, brioche bap, onion rings, pickle, French fries) - €15.50 

#### Béilte speisialta / Specials

- Fresh Clare Island Lobster (whole boiled lobster served with a garlic butter dip, fresh island salad, potatoes & veg)  
NOTE: lobster dinner must be booked a day in advance - €35.00

#### Na páistí / Kids Menu

Sausage & chips	€6.50
Chicken goujons & chips	€7.50
Fish & chips	€7.50
Pasta & tomato sauce	€6.50
Mini dinner (chicken or cod)	€10.50

#### Tae & caife/Tea & coffee

Tea	€2.00
Bean West press coffee	€3.00
Herbal / Fruit tea	€2.60
Baileys Coffee / Irish Coffee / French Coffee	€6.50

#### Milseoga / Desserts

Please ask for today's selection of homemade desserts	€5.50
Selection of ice-cream	€3.50

All of our beef is sourced from **Jenning's Meats in Ballinrobe and Kelly's Butchers, Newport, Co. Mayo, Ireland**  
All of our fish is sourced locally. All fish dishes may contain bone or shell fragments.

Please see your server for **ALLERGEN INFORMATION** chart.

## Specials

Lamb

Seafood Pie

Chicken wings hot

Special fish - Hake / Seabass