

# LUNCH MENU

- Fresh soup of the day (please ask your server for today's soup / all soup is gluten free / served with homemade brown bread) - €6.00 
- Clare Island seafood chowder (white fish, salmon, calamari, shellfish, celery, garlic, vegetables, cream sauce, fish stock, homemade brown bread) - €8.00
- Soup & sambo combo (soup of the day, ham, cheese, tomato & onion sandwich) - €10.00
- Chowder & sambo combo (seafood chowder, ham, cheese, tomato & onion sandwich) - €11.50
- Toasted ham cheese, tomato & onion melt (ciabatta bread, island salad) - €8.50
- Toasted chicken tender cheese melt (ciabatta bread, island salad) - €9.00
- Sailor's fish & chips (locally caught fresh white fish, deep fried in our special beer batter, homemade tartar sauce, island salad, served with French fried chips) - €14.00
- Steamed Clew Bay mussels (fresh Clew Bay mussels, white wine, onion, garlic, cream, lemon wedge, homemade brown bread) - €11.00
- Keem Bay BBQ salmon mayo & red onion, island salad, homemade brown bread - €13.50
- Sailor's gourmet beef burger (Kelly's of Newport 6 oz beef burger, crispy bacon, cheddar cheese, lettuce, onion, mayo, brioche bap, French fries) - €14.00
- Sailor's gourmet fresh chicken fillet burger (6 oz fresh fillet of chicken, cheddar cheese, tomato, lettuce garlic mayo, brioche bap, French fries) - €14.00
- Deep fried chicken goujons (sweet chill sauce, island salad, French fries) - €10.50
- Chickpea & beetroot burger (Moroccan spice, coriander, garlic mayo, lettuce, brioche bap, pickle, French fries) - €13.50 
- Chef's Mediterranean salad (feta cheese, olives, pickle, tomatoes, cucumber, mixed lettuce leaves served with an olive oil dressing and homemade brown bread) - €9.50 
- Sailor's chilli con carne loaded potato skins, grated cheddar, island salad - €13.50
- Clare Island half lobster garlic butter, Killary mussels cream sauce, Keem Bay BBQ salmon mayo & red onion, island salad, homemade brown bread (when available) - €25.00

## Na páistí / Kids Menu

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| Sausage & chips         | €6.50 |
| Chicken goujons & chips | €7.50 |
| Fish & chips            | €9.00 |
| Pasta & tomato sauce    | €6.50 |

## Tae & caife/Tea & coffee

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| Tea   | €2.00 |
| Fresh coffee                                  | €3.00 |
| Herbal / Fruit tea                            | €2.60 |
| Baileys Coffee / Irish Coffee / French Coffee | €6.60 |

## Milseoga / Desserts

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| Please ask for today's selection of homemade desserts | €6.50 |
| Selection of ice-cream                                | €4.50 |

**All of our beef is sourced from Jennings' Meats in Ballinrobe and Kelly's Butchers, Newport, Co. Mayo, Ireland**  
**All of our fish is sourced locally. All fish dishes may contain bone or shell fragments.**

**Please see your server for ALLERGEN INFORMATION chart.**