

Sailor's Bar & Restaurant



LUNCH MENU

BIACHLÁR LÓIN

Cúrsa Tosaigh / Starters

Fresh soup of the day	6.00
gluten free, served with brown bread	
add ham, cheese, tomato, onion sandwich - plus 4.50	
Clare Island seafood chowder	8.00
white fish, salmon, shellfish, celery, garlic, vegetables, cream sauce, fish stock, brown bread	
add ham, cheese, tomato, onion sandwich - plus 4.50	
Bruschetta	8.50
toasted ciabatta, garlic butter, fresh chopped tomatoes, pesto dressing "no nuts", feta	
Garlic & Cheese bread	7.50
Sour dough flat bread with garlic butter, mozzarella cheese, pizza oven	
Spicy BBQ chicken wings	10.50
blue cheese mayo, island salad	
Toasted ham or chicken tenders cheese melt	9.50
ciabatta bread, mozzarella, island salad	
Toasted veggie sambo	8.50
roasted Mediterranean vegetables, tomato, onion, mozzarella, island salad	

Príomhchúrsaí / Mains

Sailor's fish & chips	14.50
locally caught fresh white fish, Sailor's beer batter, homemade tartar sauce, island salad, chips	
Roasted vegetable & sweet potato Korma	13.50
roasted vegetables, tomato, coconut milk, turmeric, ginger, basmati rice, grilled flat bread	

Sailor's gourmet beef burger	14.50
6 oz beef burger, crispy bacon, cheese, onion, mayo, brioche bap, chips	
Cajun chicken burger	14.50
fresh grilled chicken breast, rocket, melted cheese, jalapeno mayo	
Deep fried chicken goujons	13.00
sweet chill sauce, island salad, French fries	
Clare Island half lobster	25.00
garlic butter, crispy fried pollock, tartar, island salad, wheaten brown bread (when available)	

Ar an dtaobh / Sides

Chips	3.50
Island salad	3.00
Mashed potato	3.50
Toasted Sourdough flat bread	5.50

Na páistí / Kids' Menu

Sausage & chips	7.50
Fish & chips	7.50
Chicken goujons & chips	7.50
Pasta and tomato sauce	7.00
Cup of soup	3.00
Baby bowl	3.00

Milseoga / Desserts

Rocking Robyn - Nutella and marshmallow pizza with vanilla ice-cream	6.50
Diarmuid's chocolate brownie with ice-cream	6.50
Granny Kay's crumble - Apple and rhubarb with custard	6.50
Emily's chocolate fudge Sundae	6.50
Selection of ice-cream	4.00

Tae & caife / Tea & coffee

Tea	2.00
Fresh coffee	3.00
Herbal / Fruit tea	2.50
Baileys Coffee / Irish Coffee	7.00

All beef and fish are sourced from Ireland. All fish dishes may contain bone or shell fragments.

Please see your server for **ALLERGEN INFORMATION** chart.

Bain taitneamh as do bhéile.